



COASTLINE CHRISTIAN SCHOOLS

RAMS ATHLETIC HANDBOOK

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>>> PHILOSOPHY OF ATHLETICS

FALL	WINTER	EARLY SPRING	LATE SPRING
Boys/Girls Cross Country	Boys Basketball	Boys Soccer	Boys Volleyball
Boys Football	Girls Basketball	Girls Volleyball	Girls Soccer

CCS reserves the right to cancel a sport due to lack of interest or resources.

PHILOSOPHY OF ATHLETICS

The purpose of our athletic program is to train student-athletes to manage their individual and team participation in a Christ-like manner. This program offers its participants training to build appropriate skill sets while offering competitive opportunities to strengthen character evidenced through gracious winning and losing.

It is the desire of the athletic department that every team or individual that competes at

CCS experience the joy of rising to one's full potential. More importantly, the goal of the athletic department is that everything that is done bring glory and honor to God.

CCS STUDENT-ATHLETES ARE EXPECTED TO HAVE THE RAM SPIRIT.

RESPECTS	ACCOUNTABLE TO	MOTIVATED TO
God	Maintaining our relationship with God	Elevate the reputation of Jesus Christ
Authority	Maintaining our personal responsibilities	Accomplish goals as an individual and team
Teammates	Maintaining grades	Develop skills
Opponents	Attending school, practices, and games	Display leadership
The Game		

**Whatever you do, work heartily, as for
the Lord and not for men.**

COLOSSIANS 3:23



PARENT GUIDE

SHOW SUPPORT AND COOPERATION

- Attend every contest that is feasible. Being at the game is important to your athlete. Be positive and encouraging to your child and his/her teammates without adding undue pressure and unrealistic expectations.
- Belief in and support of the coach's judgment, character, actions, strategy, and overall philosophy will help your child do the same. Please do not attempt to coach from the stands.
- Please remember that your testimony before man and God is on display while you are in the stands. Please be respectful of all those around you: coaches, referees, parents, visitors, children, etc. Be a role model for other parents and students alike.
- Let your child and his/her teammates know that you are supportive and believe in them regardless of individual or team performance in the contest.

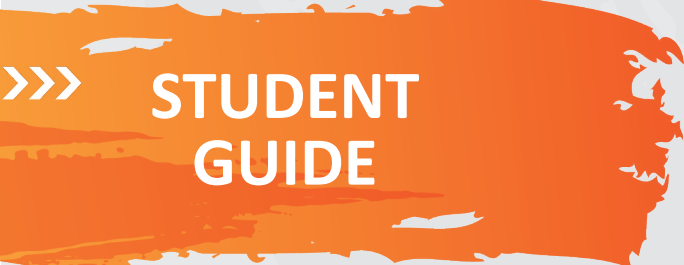
COMMUNICATION

- If your child must miss a practice or game for family reasons that are unavoidable, please inform the coach as soon as possible.
- If you have a concern or question, please verbalize it to the appropriate person (most often the coach). Choose an appropriate time and do so in a positive way. Confronting a coach before or after a contest is not an appropriate time.
- Coaches are professionals. They make judgments based upon the best interest of the team.
- The coach must take into account all members of the team.

SPORTSMANSHIP FOR PARENTS AND SPECTATORS

It is important to make guests to our school activities feel welcome. All visitors should feel as though they have been treated fairly and dealt with in a sportsmanlike way. The skills of the visiting team should be recognized and appreciated. Everyone needs to work to create a positive atmosphere at CCS. The following behavior is not acceptable at any contest: booing or jeering, mocking or taunting, yelling negative comments to officials. Never confront officials or other participants during or following a contest. If a problem occurs, inform the school administration and allow them to deal with the situation. A game official or school administrator (or their designee) has the authority to remove any person from the confines of the athletic contest for unsportsmanlike behavior. The school may also deny them the privilege of attending future contests. We do not encourage or tolerate distracting noises during serving in volleyball or free throw attempts in basketball.

Your role as a parent and spectator is important. Support your athlete, your team and your school in a positive manner. Your efforts of support, communication, and sportsmanship are appreciated by the administration, coaching staff, and most of all, the athletes.



Being a member of a Coastline Christian Schools (CCS) athletic team is a privilege and not a right. By joining a team at CCS, you are making a choice of self-discipline and self-denial. Failure to comply with team or school rules of training and conduct, or failure to maintain academic requirements may result in dismissal from the team.

God calls us to strive for excellence in all that we do. Therefore, student-athletes at CCS are expected to display Christ-likeness in all they seek to achieve. The most important responsibility an athlete has is to be a good representative of God.

Another responsibility you assume as a team member is to your school. CCS cannot maintain its position of having an outstanding school unless you do your best in every activity in which you engage. By participating in athletics to the maximum of your ability, you are contributing positively to the reputation of the school. You can contribute greatly to school spirit and community pride.

Make CCS proud of you and others proud of your school, by your faithful demonstration of these ideals. Be an example of Christ!

»»» STUDENT-ATHLETE CODE OF CONDUCT

All participants in the Coastline Christian Schools athletics program shall agree to abide by the following Code of Conduct:

1. I will be a worthy representative of God, my family, CCS, my coaches, and my team.
 - a. I will elevate the reputation of Jesus Christ.
 - b. I will not participate in any fight or physical confrontation. I will use physical force only in those limited circumstances where it is absolutely necessary for self-defense.
 - c. I will not taunt, jeer, boo, or otherwise make disparaging remarks or gestures toward others.
 - d. I will refrain from using foul, obscene, or threatening language or gestures.

2. I will be a responsible, team player.
 - a. I will attend every practice and all games unless excused by my parents and coach.
 - b. I will support my teammates and interact with them in a positive manner, always showing mutual respect.
 - c. I will faithfully and diligently carry my share of team responsibilities.
 - d. I will cooperate with and submit to my coaches and those in authority.
 - e. I will place the good of the team over my own personal achievement or aggrandizement.

3. I will maintain a proper balance between my responsibilities in the areas of academics, athletics, church and home
 - a. I will not use athletics as an excuse for not completing academic assignments.
 - b. I will find the time to satisfy my family relationships and responsibilities.

>>> REQUIREMENTS FOR PARTICIPATION

ACADEMICS

The student has maintained, during the previous grading period, a minimum of passing grades which is defined as a 2.0 grade point average in all enrolled courses on a 4.0 scale.

CCS students must additionally maintain a 2.0 GPA with no D's or F's in order to compete in interscholastic sports. The GPA is based upon the most recent grading period (spring grades will be carried over into the fall).

ACADEMIC PROBATION

- Students earning lower than a 2.0 GPA during the previous marking period and receiving more than one "D" in any class on their quarter grade will be placed on initial academic probation for the following quarter. Students will remain on initial probation for three academic weeks of the season of sport. Student may participate in all practices but may not participate in competition. After three weeks, the student's progress in class will be reviewed by the Athletics Director. Students who earned lower than a 2.0 GPA or failed any class will be considered ineligible for sports. This applies to all returning, incoming, and transfer students.
- Students that begin their season of sport in good academic standing and then earn less than a 2.0 GPA or are on pace to receive a "D" or "F" in any class during the mid-quarter period will be placed on academic probation. After the first week of ineligibility, and with the consent of the parents, a student may appeal to the administration for conditional eligibility. If the conditional eligibility is granted, the student must submit weekly progress reports signed by all of his/her teachers to the Athletics Director indicating that the student has caught up in all classes and will be receiving at least a 2.0 GPA in the class. If a student falls behind in any class during this conditional period, he/she will return to ineligibility for a minimum of one week.
- The administration may allow or deny conditional eligibility to any student for whom, in its judgment, the benefits of extracurricular participation do or do not outweigh the cost of time lost from academics. In addition to the academic probation policy stated above, administration may restrict participation in and attendance to, any school activity based on poor academic performance or student conduct.

ATTENDANCE

Students must be in attendance for at least four classes or 3.5 hrs per day or they may not be allowed to participate in any athletic activities (practice, games, etc.). Exceptions are few, but may include scheduled doctor appointments, dentist appointments, etc. If a student is too sick to attend school, then they are too sick to practice or play in a game.

EARLY RELEASE FROM CLASS

It is the responsibility of athletes to communicate with their teachers before they depart because of an athletic contest. Teachers will receive a team roster with the names of all team members at the beginning of a season (their roster will be updated as needed). Athletes with an early release time should remind their teacher of this before class on the day of the event. Students are responsible for any and all work and tests missed due to an early release time. It is an athlete's choice and privilege to leave school early to participate in athletics

VACATION

Vacations by athletic team members during a sport season are discouraged. In the event an absence due to a vacation is unavoidable, an athlete must:

- Contact the head coach prior to the absence.
- Be willing to assume the responsibilities and consequences of missing tryouts, practices, and games.
- Consequences will be at the discretion of the head coach; vacation policies will be reviewed by the head coach at the beginning of each season.

ADDITIONAL ELIGIBILITY REQUIREMENTS

Submission of the following forms to the Athletic Department or coach prior to the first day of practice/participation:

- Attendance with one parent/guardian at the Sportsmanship/Coaches Meeting scheduled by the Athletics Director
- A completely signed Parent Consent Form
- A completely signed Athlete Parent Contract
- A completely signed Cut-Policy Form

COMPETITION ON AN OUTSIDE TEAM

A student on a CCS team is allowed to compete in a contest on an “outside” team in the same sport during the student’s middle school season of sport. This includes club teams.

Participation on your middle school athletic team takes precedence over all other outside athletic activities. If conflict occurs, the middle school event will come first. Athletes need to make sure that their participation in outside club sports in no way negatively affects the middle school team on which they are participating, or they may be asked to leave that team.

ADDITIONAL RULES

Supervisors of co-curricular activities have the right to make rules tailored to their activity. Such rules must be submitted to the Athletics Director and the Principal before they are given to the students. This must be done at the beginning of the activity. Any disciplinary action above the minimums may be appealed to the administration. Any and all disciplinary action stemming from breaking training or eligibility rules must be reported to the Athletics Director and the Principal as soon as possible.

FINANCIAL OBLIGATIONS AND EQUIPMENT

- Athletic Fees - \$220 for each season of sport. Please note that athletic fees will not be prorated for a season. Students who are dismissed from the team, quit, or are on academic probation during their season will not have their fees refunded.
- Uniforms – in several sports, athletes will be required to purchase a portion of the game uniform, which will become their property. School issued uniforms are to be worn only for games or as designated by the coach.
- Equipment/Practice gear – Athletes are responsible for the proper care and security of equipment issued to them. All equipment not returned in good condition at the time requested at the end of the season will be subject to financial penalty and forfeiture of future participation.

CUT POLICY

Interest in participation varies by sports. Unfortunately, this means that certain teams have too many participants for all to receive reasonable instruction and play time. These teams may undergo a cut process. This means that the coach will add a limited number of athletes on the roster who will represent the school for official competition. This team is called the Red Team.

Students who do not make the cut may still participate on the Gold Team. Gold Team athletes will receive reduced rates for their athletic fees but will not participate in official competition. Gold Team also may have shortened practices (no less than an hour) depending on the coach’s decision. Gold team athletes may be asked to substitute for a Red Team athlete at a competition on coach’s discretion. If so, Gold Team athlete’s athletic fees will not be changed.

Although participation in the Gold Team counts toward a season of sport for athletic fees, it does not count for consideration for the Distinguished Athlete Award.

DISTINGUISHED ATHLETE AWARD

The Distinguished Athlete Award is an award that recognizes an athlete's extraordinary contribution to the Middle School Sports program. The Chinese Christian Schools Distinguished Athlete Award can be earned in the following ways:

- Participating in a minimum of 50% of the contests in a minimum of three sports per school year while maintaining a 3.0 GPA.
- At the discretion of the coach and/or Athletics Director.

TRANSPORTATION

Transportation to and from competition may or may not be provided by the school. Students may return from a contest with his/her parents or someone of the parents choosing, if prior written approval is obtained from the parent and approved by the principal and presented to the coach and Athletics Director. A student may be given a ride by an adult to a contest only if written permission is obtained from a parent prior to leaving campus and there is a valid reason for the mean of transportation. Verbal permission will not be accepted. Parent volunteers may be necessary to transport students to and from contest. Participating students do not need prior parent permission to ride with a parent volunteer. Parents enrolling their students in a sports program give consent for the school to provide a parent volunteer to transport their child to and from contests. Parent and Volunteer Driver releases CCS from all liability during the transportation of students to and from contests. Transportation home still requires written notification to the coach and Athletics Director.

DRUGS, ALCOHOL, TOBACCO, STEROIDS

If, while on or off campus and participating in a school or non-school activity, a student-athlete uses, sells, distributes, or is in possession of illegal drugs, alcohol, tobacco products, or steroids (that was not prescribed by a physician to treat a medical condition), he/she will be suspended from participating in athletics for the remainder of the school year, losing all rights and privileges, including awards and post season recognition. The student may also face discipline measures as stated in the CCS Student Handbook. It is the responsibility of the athlete/participant to report any citation/conviction of a violation of the alcohol/drug sections to the school.

DRESS

Students representing the school on activity trips must be dressed in a manner reflecting credit on themselves and the school. This means, no less appropriate attire than that required of students during regular school hours. The judgment will be made by the coach and Athletics Director.